





See you in DAEGU



www.daegu2017.or.kr

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World Masters Athletics **Championships Indoor Daegu 2017**

19. - 25. March 2017 [7 days]





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DAEGU



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See you in DAEGU



WELCOME A President Stanley Perkins

Message from WMA President, Stanley Perkins

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On behalf of the World Masters Athletics it is a pleasure to welcome you to the 7th. World Masters Athletics Champion ships, Indoors, being held in the city of Daegu, in the Republic of Korea. This will be the first time this championships has been held in the Asian Region and the hosting of this event has represented a major challenge to the LOC in Daegu.



Daegu was the proud hosts of the 2011 IAAF World Athletics

Track & Field Championships, an event that was an outstanding success and prompted the interest of the City in seeking to present our championships (Indoors) in new facilities. I am sure that you will enjoy the great facilities that exist in what is one of the best sporting precincts in the world where all of the events within our championships will take place in close proximity to the Indoor Stadium. This should benefit both the athletes and spectators.

Another aspect of this championship that has been of great interest has been the undertaking of the Daegu LOC and the Korean Athletics Federation to re-establish Masters Athletics in Korea. This has been a major challenge but one that has been met with enthusiasm and committment by both organisations. With strong entries from the host country we foresee this being of long term future benefit to the Asian Masters Region.

WMA wishes to thank the City of Daegu, both its administrators and residents, for their belief in this Championship and the dedication and hard work that has been undertaken to make sure we have a successful and enjoyable visit to this City. We ask you to take the time to visit this beautiful city and the surrounding areas, and enjoy the incredible cultural history that exists. The Korean people are friendly and welcoming and keen to share their world with you.

We wish all participants well with their athletic pursuits in this championship. We also extend our thanks to the officials, volunteers, organisers and all others that have been and will be involved in making this Championship a reality and a success. Thank you. Enjoy new friendships, new experiences and of course the opportunity of renewing contacts with your friends from across the world.

Stanley Perkins, WMA PRESIDENT

WELCOME

Message from Chairman of LOC, Kwon, Young-Jin





On behalf of Daegu's 2.5 million citizens, I warmly welcome you to the World Masters Athletics Championships Indoor 2017 in Daegu.

Daegu, which successfully hosted the IAAF World Championships 2011, was designated for the second time as the World Athletics City by the IAAF. Since then, Daegu has striven to promote athletics and train experts in related

fields, especially through construction of the Daegu Athletics Promotion Center and the Civil Life Sports Center, both of which offer pleasant viewing environments and convenient facilities designed to boost athletic performance.

Having had the experience of successful hosting the IAAF World Championships 2011, Daegu is well prepared for making the World Masters Athletics Championships Indoor in Daegu a resounding success.

I look forward to all the athletes bring out their best at world-class venues and all participants, staffs and spectators to come together as one, regardless of race, nationality, ideology, or religion, to enjoy what will be a truly exciting and memorable event.

I also hope that you will enjoy the charms of Daegu, an eco-friendly city where tradition and modernity coexist with the various cultural heritages which show the essence of orientalism. The whole city is a center for cultural events and festivals all the year around. In addition, I expect Daegu, well known as Medi-city, which boasts the world's top-notch medical service and technology for health and happy life, will offer you refreshing and new experience.

I'm sure that wherever you go in Daegu, you will be greeted with warm hospitality and friendly smiles. I look forward to seeing you in World Athletics City, Daegu. Good luck to you all.

Kwon, Young-Jin, Mayor of Daegu City and Chairman of LOC



President	Stanley Perkins
Executive Vice-President	Margit Jungmann
Secretary	Winston Thomas
Vice-President Competition	Serge Beckers
Treasurer	Jean Thomas
Women's Representative	Selma Turkkal
IAAF Representative	Pierre Weiss
Regional Representatives	Leonie Paulette Etong (Africa)
	Sivapragasam Sivasambo (Asia)
	Kurt Kaschke (Europe)
	Sandy Pashkin (North and Central America and Caribbean)
	Lynne Schickert (Oceania)





Local Organizing Committee, Daegu 2017

Chairman, Local Organizing Committee	Kwon, Young-Jin
President of Korean Olympic Committee	Kim, Jung-Haeng/Kang, Yeong-Jung
President of Korean Association of Athletics Federation	Bae, Ho-Won
Treasurer	Kim, Seung-Su
Secretary	Lim, Sung-Jae
Event Director	Kim, Young-Hak
Support Manager	Shin, Jong-Sik
Competition Manager	Oh, Sung-Kwan
International Liaison	Jung, Heather



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Competition Venues (Stadia)

The World Masters Athletics Championships Indoor Daegu 2017 will be mainly held at three venues, the Athletics Promotion Center, the Civil-life Sports Center and the Auxiliary Field of Daegu Stadium. These venues are within 5 to 10-minute walk from one another and 25 to 35-minute drive to Daegu's major transportation gateways, including Dongdaegu train station and Daegu International airport.

The Athletics Promotion Center, an indoor venue, is located at the leisure and cultural complex along with Daegu Stadium, Daegu Samsung Lions Park Baseball Stadium and Daegu Art Museum. Leisure facilities nearby include park, rock climbing gym, inline skating rink and Daegu Stadium Outlet, which has a theater, cafes, restaurants, shopping mall and large supermarket. These amenities allow visitors to enjoy shopping and leisurely activities all in one place.

📂 Main Stadium (Athletics Promotion Center) 🛛 🗕 🚽

The Athletics Promotion Center boasts state-of-the-art facilities, with an indoor track that includes warm-up and training areas, changing rooms, massage rooms, shower rooms, anti-doping test rooms, physical therapy rooms, medical facilities, emergency room, multimedia room, conference room, audiovisual room, lecture room, restaurant and lounge. The Athletics Promotion Center is considered as an origin of Korean athletics since it serves not only as a venue for track and field competitions but also for leaders training.

< Athletics Promotion Center >



As the main venue for the World Masters Athletics Championships Indoor Daegu 2017, the Athletics Promotion Center will host numerous track and field events.

Event Facilities

- · Six-lane 200-meter oval track and eight-lane 60-meter straight track
- · 1 Pole Vault and 1 High Jump facilities
- 1 Long / Triple Jump track
- 1 Shot Put circle
- · 5,000-seat arena

Events

- · 60m, 60mH, 200m, 400m, 800m, 1500m, 3000m, 4×200mR, 3000m TW
- Triple Jump, Long Jump, Pole Vault, Pentathlon(60mH, 800m, 1000m, Long Jump)



< Warm-up track and training facilities >



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📂 Auxiliary Stadium (Civil-life Sports Center) 🛛 🗕 🚽

The Auxiliary Stadium (Civil-life Sports Center) for the World Masters Athletics Championships Indoor Daegu 2017 is 5-minute walking distance from the Athletics Promotion Center. The Auxiliary Stadium, completed construction in 2016, will host field events, and will be utilized as an auxiliary (warm-up) stadium in conjunction with the Athletics Promotion Center. The Auxiliary Stadium will also serve as a multi-purpose sports and training center for athletes.

Event facilities

- · 2 High Jump facilities
- · 1 Pole Vault facilities
- · 1 Long / Triple Jump facility
- · 2 Shot Put / Weight Throw circles

Events

Shot Put, Weight Throw, Pole Vault, High Jump, Triple Jump, Long Jump, Pentathlon(Long Jump, High Jump, Shot Put)

<Auxiliary Stadium and map>





🗾 Winter Throwing Stadium (Auxiliary Field of Daegu Stadium)

The Auxiliary Field of Daegu Stadium will host winter throwing events during the World Masters Athletics Championships Indoor Daegu 2017. Located 15-minute walking distance from the Athletics Promotion Center, the Auxiliary Field of Daegu Stadium was a venue for matches in the 2002 FIFA World Cup Korea/Japan and it served as a warmup venue for the 2003 Summer Universiade Daegu and the IAAF World Championships Daegu 2011.

Event facilities

- · 400-meter, eight-lane track and 100-meter, eight-lane track
- · 1 Hammer/Discus circles
- · 2 Javelin sectors and 2 Shot Put circles
- · 2 Pole Vault facilities
- · 2 Long (Triple) Jump facilities
- · 2,500-seat arena

Events

• Hammer Throw, Discus Throw, Javelin Throw



<Winter Throwing Stadium>



8km Cross Country will take place in 4 laps loop course of 2km in Suseong Family Park. The Suseong Family Park is an eco-friendly and family-friendly resting place with numerous sports facilities and recreation facilities including park golf course and a pool. The Suseong Family Park is 10-minute drive away from Athletics Promotion Center, the main stadium.

<Cross Country Course and map>



WMACi 2017 Daegu/KOREA 8km Cross Country





Road Race Walk Course

The 10km race walking is an event in which athletes compete on a section of the half marathon course. The race walking starts at the Athletics Promotion Center and loops around the Daegu Art Museum at the foot of Uksu Mountain. Runners must complete this 2km section, five times. The road conditions for the event are optimum for race walking.

<Race Walk Course and map>



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Program

Half Marathon Course •-

The half marathon course is a flat loop course which starts at the Athletics Promotion Center, along the road around Daegu Stadium, and goes past the recently opened baseball stadium (Daegu Samsung Lions Park), Athletics Promotion Center and the Daegu Art Museum. It is an eco-friendly course that features beautiful mountains, lakes, clean air and cool breezes for runners to enjoy.

<Half Marathon Course and map>



WMACi 2017 Daegu / KOREA Half Marathon(21.0975km)





Major Program 🔸

- Sunday, 19 March Half Day of Competition / Opening Ceremony
- Monday, 20 March First Full Day of Competition
- Thursday, 23 March Athletes' Party
- Saturday, 25 March Last Day of Competition / Closing Ceremony

<Daegu National Masters Athletics Championships Indoor 2015>





Each number below refers to the date of an event from March 20 to March 25 (a six-day period).

Event	Round	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85	M90	M95+
	Heat	20	20	20	20	20	20	20	20	20	20	20	20	20
60m	Semi-Final	20	20	20	20	20	20	20	20	20	20	20	20	20
	Final	21	21	21	21	21	21	21	21	21	21	21	21	21
	Heat	21	21	21	21	21	21	21	21	21	21	21	21	21
200m	Semi-Final	22	22	22	22	22	22	22	22	22	22	22	22	22
	Final	23	23	23	23	23	23	23	23	23	23	23	23	23
	Heat	24	24	24	24	24	24	24	24	24	24	24	24	24
400m	Semi-Final	24	24	24	24	24	24	24	24	24	24	24	24	24
	Final	25	25	25	25	25	25	25	25	25	25	25	25	25
800m	Semi-Final	21	21	21	21	21	21	21	21	21	21	21	21	21
00011	Final	22	22	22	22	22	22	22	22	22	22	22	22	22
1500m	Final	25	25	25	25	25	25	25	25	25	25	25	25	25
3000m	Final	23	23	23	23	23	23	23	23	23	23	23	23	23
60mH	Semi-Final	23	23	23	23	23	23	23	23	23	23	23	23	23
John	Final	24	24	24	24	24	24	24	24	24	24	24	24	24
3000m TW	Final	20	20	20	20	20	20	20	20	20	20	20	20	20
CC 8km	Final	20	20	20	20	20	20	20	20	20	20	20	20	20
Half Mar	Final	25	25	25	25	25	25	25	25	25	25	25	25	25
10km RW	Final	24	24	24	24	24	24	24	24	24	24	24	24	24
4X200mR	Final	25	25	25	25	25	25	25	25	25	25	25	25	25
Pentathlon	Final	22	22	22	22	22	22	24	24	24	24	24	24	24
Long	Final	20	20	20	21	21	21	20	20	20	20	20	20	20
Triple	Final	25	25	25	23	23	23	25	25	25	25	25	25	25
High	Final	21	21	21	25	25	25	23	23	23	23	23	23	23
Pole	Final	24	24	24	24	24	24	22	22	22	22	22	22	22
Shot	Final	23	23	23	20	20	20	21	21	21	21	21	21	21
Weight	Final	20	20	20	21	21	21	22	22	22	22	22	22	22
Javelin	Final	24	24	24	23	23	23	20	20	20	20	20	20	20
Hammer	Final	22	22	22	24	24	24	23	23	23	23	23	23	23
Discus	Final	21	21	21	22	22	22	24	24	24	24	24	24	24

Each number below refers to the date of an event from March 19 to March 25 (a seven-day period).

Event	Round	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	W85	W90	W95-
	Heat	20	20	20	20	20	20	20	20	20	20	20	20	20
60m	Semi-Final	20	20	20	20	20	20	20	20	20	20	20	20	20
	Final	21	21	21	21	21	21	21	21	21	21	21	21	21
	Heat	21	21	21	21	21	21	21	21	21	21	21	21	21
200m	Semi-Final	22	22	22	22	22	22	22	22	22	22	22	22	22
	Final	23	23	23	23	23	23	23	23	23	23	23	23	23
	Heat	24	24	24	24	24	24	24	24	24	24	24	24	24
400m	Semi-Final	24	24	24	24	24	24	24	24	24	24	24	24	24
	Final	25	25	25	25	25	25	25	25	25	25	25	25	25
	Semi-Final	21	21	21	21	21	21	21	21	21	21	21	21	21
800m	Final	23	23	23	23	23	23	23	23	23	23	23	23	23
1500m	Final	25	25	25	25	25	25	25	25	25	25	25	25	25
3000m	Final	22	22	22	22	22	22	22	22	22	22	22	22	22
60	Semi-Final	23	23	23	23	23	23	23	23	23	23	23	23	23
60mH	Final	24	24	24	24	24	24	24	24	24	24	24	24	24
3000m TW	Final	19	19	19	19	19	19	19	19	19	19	19	19	19
CC 8km	Final	20	20	20	20	20	20	20	20	20	20	20	20	20
Half Mar	Final	25	25	25	25	25	25	25	25	25	25	25	25	25
10km RW	Final	24	24	24	24	24	24	24	24	24	24	24	24	24
4X200mR	Final	25	25	25	25	25	25	25	25	25	25	25	25	25
Pentathlon	Final	24	24	24	24	24	24	24	24	24	24	24	24	24
Long	Final	21	21	21	21	21	21	21	21	21	21	21	21	21
Triple	Final	23	23	23	23	23	23	23	23	23	23	23	23	23
High	Final	20	20	20	20	20	20	20	20	20	20	20	20	20
Pole	Final	22	22	22	22	22	22	22	22	22	22	22	22	22
Shot	Final	25	25	25	25	25	25	25	25	25	25	25	25	25
Weight	Final	24	24	24	24	24	24	24	24	24	24	24	24	24
Javelin	Final	21	21	21	21	21	21	21	21	21	21	21	21	21
Hammer	Final	20	20	20	20	20	20	20	20	20	20	20	20	20
Discus	Final	23	23	23	23	23	23	23	23	23	23	23	23	23

* Pentathlon : 60mH, High Jump, Shot Put, Long Jump, 1000m

* Pentathlon : 60mH, High Jump, Shot Put, Long Jump, 800m

Entry Requirements and Procedure

📂 🖉 General Rules

The competition will be held under IAAF regulations as modified for Masters by WMA via their Competition Rules and any other special rules specified for this competition.

🥖 Entry 🔹

General Information

Athletes may enter online or by using a paper entry form. Online is the preferred method of entry. See below for details about each method. All entries must include full payment to be considered valid. Athletes who cannot pay online must instead send a paper entry form and payment to their WMA National Masters Affiliate ("Affiliate"), which will then register them and pay on their behalf. The entry deadline is 24 January 2017 at 11:59 p.m. Korean Eastern Time. No entries will be accepted after the entry deadline. All entries are subject to validation by each athlete's respective Affiliate. Affiliates will confirm the athlete's date of birth, citizenship and/or residential qualifications and other relevant requirements. After an athlete's registration has been validated, its status will display as "accepted" on the list of entries online (www.daegu2017.or.kr). Athletes who have questions about the status of their entry should contact their Affiliate. For athletes who reside in a country where there is no WMA National Masters Affiliate or where the Affiliate fails to fulfill its obligations, their entries will be subject to the approval of the WMA Council.

Online Entry Procedure

- 1. Go to www.daegu2017.or.kr and complete the online entry form prior to the entry deadline
- 2. Submit payment by credit card at the end of the entry process
- 3. Print the confirmation screen for your records
- 4. If you have not previously competed in a WMA championship, you must send a copy of your birth certificate to your Affiliate
- 5. Your Affiliate will then validate your registration

Paper Entry Procedure

- 1. Contact your WMA National Masters Affiliate and request a paper entry form
- Confirm the latest date required by your Affiliate for submission of your paper entry. NB : Your Affiliate MUST input your entry and payment into the on-line system by the closing date of 24 January 2017 for it to be valid
- 3. Complete the entry form and make a copy for your records
- 4. Mail the completed entry form and all entry fees to your Affiliate prior to the entry deadline (do not send paper entry forms directly to the LOC). Paper entries sent to your Affiliate for processing MUST include all entry fees.

If you have not previously competed in a WMA championship, you must send a copy of your birth certificate to your Affiliate. Your Affiliate will submit your registration, pay on your behalf and validate your registration.

WMA National Masters Affiliate Requirements

WMA requires that each Affiliate validate all relevant entries electronically via the online entry system. The Local Organizing Committee ("LOC") will accept only those entries that have been validated by Affiliates. Each Affiliate must also input any paper entries it receives from its athletes into the online entry system. Payment is required at the time the entries are submitted. If for some reason an Affiliate is unable to pay online, it must request an exemption from the LOC. If the exemption is granted, the Affiliate will be provided with details about how to pay offline. The Affiliate will still be required to input paper entries into the online entry system and to validate its entries electronically. All entries must be submitted online and paid before 24 January 2017 at 11:59 p.m. Korean Eastern Time. Any entries for which the LOC has not received payment by this deadline will be cancelled, and those athletes will be ineligible to compete. No exceptions will be allowed. In addition, all entries must be validated before 7 February 2017 at 11:59 p.m. Korean Eastern Time. Any entries that have not been validated by this deadline may be rejected, and those athletes will be ineligible to compete. Affiliates will receive communications regarding the entry process prior to the start of registration. Affiliates that do not receive these communications should contact the WMA Secretary.

Qualifications for Entry

The World Masters Athletics Championships Indoor Daegu 2017 are open only to men and women who were born on or before 19 March 1982 and who are physically fit. Entry signifies that each competitor must follow the rules laid down by the technical and organizing committees. WMA has the right to reject entries to athletes considered to be ineligible through misconduct or other disciplinary related matters.

Events are divided into age groups and shown below:

		_
Classification	Birthday	
M&W35	Born from 20 March 1977 to 19 March 1982	
M&W40	Born from 20 March 1972 to 19 March 1977	
M&W45	Born from 20 March 1967 to 19 March 1972	
M&W50	Born from 20 March 1962 to 19 March 1967	
M&W55	Born from 20 March 1957 to 19 March 1962	
M&W60	Born from 20 March 1952 to 19 March 1957	
M&W65	Born from 20 March 1947 to 19 March 1952	
M&W70	Born from 20 March 1942 to 19 March 1947	_
M&W75	Born from 20 March 1937 to 19 March 1942	_
M&W80	Born from 20 March 1932 to 19 March 1937	
M&W85	Born from 20 March 1927 to 19 March 1932	
M&W90	Born from 20 March 1922 to 19 March 1927	
M&W95	Born from 20 March 1917 to 19 March 1922	
M&W100+	Born on or before 20 March 1917	

Country Codes

ALBANIA (ALB)	DENMARK (DEN)	KYRGYZSTAN (KGZ)	ROMANIA (ROU)
ALGERIA (ALG)	DIBOUTI (DII)	LATVIA (LAT)	RUSSIA (RUS)
AMERICAN SAMOA (ASA)	DOMINICAN REPUBLIC (DOM)	LEBANON (LIB)	RWANDA (RWA)
ANDORRA (AND)	ECUADOR (ECU)	LESOTHO (LES)	SAINT KITTS AND NEVIS (SKN)
ANGOLA (ANG)	EGYPT (EGY)	LIECHTENSTEIN (LIE)	SAINT VINCENT (VIN)
ANTIGUA AND BARBUDA (ANT)	EL SALVADOR (ESA)	LITHUANIA (LTU)	SAMOA (SAM)
ARGENTINA (ARG)	EQUATORIAL GUINEA (GEQ)	LUXEMBOURG (LUX)	SAN MARINO (SMR)
ARMENIA (ARM)	ESTONIA (EST)	MACEDONIA (Former Yugoslav Republic of) (MKD)	SENEGAL (SEN)
ARUBA (ARU)	ETHIOPIA (ETH)	MALAYSIA (MAS)	SERBIA (SRB)
AUSTRALIA (AUS)	FIJI (FIJ)	MALTA (MLT)	SEYCHELLES (SEY)
AUSTRIA (AUT)	FINLAND (FIN)	MARSHALL ISLANDS (MHL)	SINGAPORE (SIN)
AZERBAIJAN (AZE)	FRANCE (FRA)	MAURITANIA (MTN)	SLOVAK REPUBLIC (SVK)
BANGLADESH (BNG)	FRENCH POLYNESIA (PYF)	MAURITIUS (MRI)	SLOVENIA (SLO)
BAHAMAS (BAH)	THE GAMBIA (GAM)	MEXICO (MEX)	SOLOMON ISLANDS (SOL)
BARBADOS (BAR)	GEORGIA (GEO)	MICRONESIA (FSM)	SOUTH AFRICA (RSA)
BELARUS (BLR)	GERMANY (GER)	MOLDOVA (MDA)	SPAIN (ESP)
BELGIUM (BEL)	GHANA (GHA)		SRI LANKA (SRI)
BELIZE (BIZ)	GIBRALTAR (GIB)	MONGOLIA (MGL)	SUDAN (SUD)
BENIN (BEN)	GREAT BRITAIN &N IRELAND	MONTENEGRO (MNE)	SURINAM (SUR)
BERMUDA (BER)	(GBR) GREECE (GRE)		SWEDEN (SWE)
BOLIVIA (BOL)	GUAM (GUM)	MOZAMBIQUE (MOZ)	SWITZERLAND (SUI)
BOSNIA AND HERZEGOVINA	GUATEMALA (GUA)	MYANMAR (MYA)	CHINESE TAIPEI (TPE)
(BIH) BOTSWANA (BOT)	GUINEA (GUI)	NAMIBIA (NAM)	TAJIKISTAN (TJK)
BRAZIL (BRA)	GUYANA (GUY)	NAURU (NRU)	THAILAND (THA)
	HONDURAS (HON)	NEPAL (NEP)	TOGO (TOG)
BRUNEI (BRU)			
BULGARIA (BUL)	HONG KONG-CHINA (HKG)	NETHERLANDS (NED)	TONGA (TGA)
CAMEROON (CMR)	HUNGARY (HUN)	NEW ZEALAND (NZL)	TRINIDAD AND TOBAGO (TRI)
CANADA (CAN)	ICELAND (ISL)	NICARAGUA (NCA)	TUNISIA (TUN)
CAPE VERDE ISLANDS (CPV) CENTRAL AFRICAN REPUBLIC	INDIA (IND)	NIGERIA (NGR)	
(CAF)	INDONESIA (INA)	NORFOLK ISLAND (NFI)	TURKMENISTAN (TKM)
CHAD (CHA)	IRAN (IRI)	NORTHERN MARIANAS ISLANDS (NMI)	TUVALU (TUV)
CHILE (CHI) CHINA (People's Republic of)	IRELAND (IRL)	NORWAY (NOR)	UKRAINE (UKR)
(CHN)	ISRAEL (ISR)	PAKISTAN (PAK)	UNITED ARAB EMIRATES (UAE) UNITED STATES OF AMERICA
COLOMBIA (COL)	ITALY (ITA)	PALAU (PLW)	(USA)
CONGO (CGO)	IVORY COAST (CIV)	PANAMA (PAN)	URUGUAY (URU)
CONGO (Dem. Rep. of) (COD)	JAMAICA (JAM)	PAPUA NEW GUINEA (PNG)	VANUATU (VAN)
COOK ISLANDS (COK)	JAPAN (JPN)	PARAGUAY (PAR)	VENEZUELA (VEN)
COSTA RICA (CRC)	KAZAKHSTAN (KAZ)	PERU (PER)	US VIRGIN ISLANDS (ISV)
CROATIA (CRO)	KENYA (KEN)	PHILIPPINES (PHI)	ZAMBIA (ZAM)
CUBA (CUB)	KIRIBATI (KIR)	POLAND (POL)	ZIMBABWE (ZIM)
CYPRUS (CYP)	KOREA (KOR)	PORTUGAL (POR)	
CZECH REPUBLIC (CZE)	KOSOVO (KOS)	PUERTO RICO (PUR)	

Entry Form and Fees

1. PERSONAL INFORMATION (ATHLETE, COMPANION, TEAM MANAGER, PHYSIO, MEDIA/PHOTOGRAPHER)

FAMILY NAME						
GIVEN NAME				INITIAL		GENDER : M / F
ADDRESS 1						
ADDRESS 2						
CITY/COUNTY					POST CODE	
COUNTRY			COUNTRY CODE	CITIZEN :	YES / NO	RESIDENTIAL : YES / NO
*Details mus	st be confirm	ed				
DATE OF BIRTH	DAY	MONTH	YEAR			
TELEPHONE					FAX	
EMAN						

2. CATEGORIES (Based on your age on 19 March 2017)

SEX	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99	100+
Women														
Men														

3. EVENTS: PUT AN "X" BEFORE EACH EVENT YOU WANT TO ENTER

x	EVENTS	ELIGIBLE AGE GROUP	RECORD AS	BEST PERFORMANCE IN 2015-2017 (MANDATORY INPUT TO SEED)
	60m	W35+ M35+		
	200m	W35+ M35+		
	400m	W35+ M35+		
	800m	W35+ M35+		
	1500m	W35+ M35+		
	3000m	W35+ M35+		
	60m Hurdles	W35+ M35+		
	3000m Track Race Walk	W35+ M35+		
	10km Road Race Walk	W35+ M35+		
	8km Cross Country	W35+ M35+		
	Half Marathon	W35+ M35+		
	Long Jump	W35+ M35+		
	Triple Jump	W35+ M35+		
	High Jump	W35+ M35+		
	Pole Vault	W35+ M35+		
	Shot Put	W35+ M35+		
	Weight Throw	W35+ M35+		
	WINTER THROWS CHALLENGE			
	Discus Throw	W35+ M35+		
	Javelin Throw	W35+ M35+		
	Hammer Throw	W35+ M35+		

4. FEES

Division	Unit Price (USD)	Number	Total
Registration Fee	36.00		36.00
WMA Fee	32.00		32.00
Individual Event Fee (except Combined Events and Half Marathon)	32.00		
Pentathlon	44.00		
Half Marathon	50.00		
Accompanying Persons (includes accreditation, Championship booklet, transportation pass) (includes \$1.50 online charge)	28.00		
Accompanying Persons Under 14 (includes accreditation, Championship booklet, transportation pass) (includes \$1.50 online charge)	17.00		
Results Book on DVD and posted	12.00		
Results Book PDF - Electronic	5.00		
Total			

* There is no entry fee for the 4x200m relays but only one entry, per country, per age group, is allowed.

ATHLETES' PARTY

The Athletes' Party will be held on Thursday 23 March. Full details, including costs and location will be available on the WMACi Daegu 2017 website (www.daegu2017.or.kr).

Athletes' Consent

(To be included with your paper entry form)

Parties to agreement

World Masters Athletics (WMA) has sanctioned Daegu City (LOC) to conduct the 2017 World Masters Athletics Championships (WMACi) in Daegu, South Korea during 19 to 25 March 2017.

Disclaimer and Agreement for Use of Medical and Entry Data

I hereby apply for entry to the WMACi 2017 on the following terms and conditions which form a binding agreement between me, WMA and Daegu City.

- (1) I will abide by the IAAF rules and regulations as modified for WMACi by WMA via their handbook and any special rules specified for this competition which will be outlined on the Daegu 2017 website and communicated to competitors.
- (2) I am physically and mentally fit to compete in the WMACi safely and without causing injury to myself or other participants in the WMACi.
- (3) I agree and consent to accept medical treatment from Daegu LOC, WMA or their servants, agents or contractors, ambulance officers or medical personnel in the event that I am injured or otherwise become ill or incapacitated during the WMACi. In the event of any emergency medical treatment or services provided to me requiring the payment of fees, I agree to pay these fees upon request.
- (4) In consideration of WMA, Daegu City LOC are permitting me to participate in the WMACi, I agree to indemnify, hold harmless and release the WMA, Daegu City LOC and their employees, servants and agents, and all officials and volunteers from and against any injury, loss, damage, liability, cost, expense, demand, claim or action whether arising at common law or under statute that I may suffer or incur arising out of or in connection with my participation in the WMACi including as a result of the negligence, breach of statutory duty or any act or omission of WMACi Daegu City and their employees, servants or agents and all officials and volunteers.
- (5) The indemnity and release in clause 4 above shall be, and operate separately, in favour of all persons, corporations and organisations involved or otherwise engaged in promoting or staging WMACi and their servants, agents and representatives including but not limited to the medical and paramedical personnel and police and ambulance officers and the indemnity and release shall operate whether or not the injury, loss, damage, liability, cost, expense, demand, claim or action is attributable to an act or omission or neglect of any one or more of them.
- (6) I consent to photographs and video footage being taken of me before, during and after my participation in the WMACi. I agree and acknowledge that the photographs and video footage are owned by WMA and Daegu City LOC and that those parties may use the photographs and video footage for promotional or other purposes without my further consent being obtained. I also consent to those parties using my name, image, voice, likeness and my performance in the WMACi, at any time, to promote and publicise the WMACi or their businesses.

- (7) I agree that all my personal details and the personal details of all accompanying persons
- (Personal Details) are provided to WMA Daegu City LOC and may be provided by them to: (a) The Korea Immigration Service
- (b) Future hosts of the WMA Championships
- (c) The registration services provider SimplyRegister, Inc
- (d) The WMA and Regional Associations
- (8) I agree that the Personal Details may be used by any party to whom they are provided for the following purposes:
- (a) Any purpose required or deemed appropriate by, or to assist, the parties hereto or the Korean government or any State or local government body, service or agency in South Korea.
- (b) To contact me about my registration and/or participation in the WMAC.
- (c) To provide me with my unique WMACi Accreditation Pass and competition bibs.
- (d) To provide emergency medical treatment in the event that I am injured or otherwise become ill or incapacitated during the WMACi.
- (e) Personal Details may also be used for any purpose
- (i) Required or authorised by law
- (ii) Required in order to investigate an unlawful activity
- (iii) Required by an enforcement body for investigative activities
- (iv) Necessary to prevent a serious and imminent threat to a person's life, health or safety, or to public health or safety
- (f) Personal Details may be disclosed overseas for the stated purposes.
- (9) I agree to allow WMA to hold the Personal Details and medical data in the WMA Registration Database.

Drug Testing and Disclaimer Consent

(10) I acknowledge that Drug Testing will be conducted under the WMA/IAAF Anti-Doping Rules and Regulations and hereby give my consent to be subject to any drug testing requirements at the said Championships. NOTE: If selected for drug testing Competitors must declare any/all medications being used by them on the doping control form. Any athlete using a prohibited substance as defined in the Regulations, must apply for an exemption (TUE) to the WMA Anti-Doping and Medical Committee. Athletes taking or requiring exemption for a prohibited substance must apply to the WMA Medical Officer (Dr. Martine Prévost) for a TUE exemption (17 rue Léon Roby FR-87000 LIMOGES: FRANCE. Tel: 0033 607 949 507, prevost. ma@wanadoo.fr).

If an exemption is refused, the prohibited substance(s) concerned must not be used and should you be selected for testing and the test proves positive this may result in a suspension. Please note that no other medical certificate(s) will be accepted in substitution for a TUE certificate. If you are granted a TUE exemption certificate, this must be with you at all times along with proof of identification, and must be produced at the Doping Control Centre if you are selected for a drug test. Details of prohibited substances and all Anti-Doping procedures are available on the IAAF (www.iaaf.org) website, the WMA (www.world-masters-athletics.org)

website and your IAAF Affiliated Federation. The Competitor's Handbook in Daegu will also contain details of the Anti-Doping Procedures to be undertaken during the championships.

(11) Registration services are being provided by SimplyRegister, Inc. I acknowledge that I have read Simply Register's Terms of Use (www.simplyregister.net/terms) in its entirety and that I understand and agree to all of the provisions contained therein.

Cancellation Policy

(12) I understand that in no circumstances will refunds be considered following the registration closing date of Tuesday 24 January 2017. Prior to the registration closing date, but only in circumstances where there are extreme medical grounds supported by relevant documentary evidence of such medical conditions, refunds will be considered at the sole and final discretion of the LOC. Any such refunds granted shall be less the administration fees.

Payments

(13) Payments for paper entry forms MUST be made online with entries by the National Masters Affiliate of your country and all payments MUST be received by the LOC not later than Tuesday 24 January 2017. If a payment has not been received by that date, an athlete will not be registered as eligible to compete in the championships.

WMA National Masters Affiliates must validate all entries or data in the online system.

I confirm that I have read and understood the terms and conditions of this registration set out above.

DATE

ATHLETE'S SIGNATURE

Participants must send this entry form and entry fees to their National Masters Athletics association/WMA Affiliate.

New athlete entries must be validated by the Affiliate by receipt of a copy of the entrant's birth certificate as evidence for the date of birth, and confirmed by the Affiliate.

DEADLINE FOR ENTRIES

The closing date for all entries will be Tuesday 24 January 2017 No entries will be accepted after this date.

CERTIFICATION OR STAMP OF WMA NATIONAL AFFILIATE (Paper copies)

DATE

SIGNATURE

Vaccinations and Travel Insurance

It is recommended for athletes, accompanying persons and persons concerned to obtain any required vaccinations and check whether their medical insurance covers travel and accidents in Daegu.

Accreditation

When reaching Daegu, all participants are requested to report to the Registration Desk at the main stadium, the Athletics Promotion Center, where they will be able to collect their registration package and other relevant information.

All athletes must present a passport or a government-issued photo identification to collect their accreditation and competition pack (entry booklet, AD card, BIB number). This is important as athletes will be automatically "Declared" for their event(s) when they register.

Accompanying persons and all persons receiving a credential of any kind also must present a passport or a government-issued identification to collect their credential and package. There will be no charges for team managers, medical teams, communications staffs who registered in advance. Such officials will be considered to have been certified by the Local Organizing Committee and the WMA.

The Registration Desk will open on Friday 17 March 2017 at 08:00 am.

For more detailed information, please refer to the event website (www.daegu2017.or.kr).



As of October 14, 2015, 116 countries have visa-free entry or visa waiver agreements with South Korea. The athletes who are nationals of these countries are eligible for visa-free entry into Korea. The athletes and personnel from the nations that do not have a visa waiver program are required to obtain a visa before visiting Korea. The types of visa required will depend upon a person's citizenship, intended duration of stay and duties in relation to the event. For more detailed information on obtaining a Korean visa, please visit the visa portal website (www.visa.go.kr) and the event website (www.daegu2017.or.kr). All visa applicants are responsible for paying their own visa application fees.

💋 Accommodation

Daegu offers a wide array of attractive and affordable accommodations to meet the needs of event participants. In the city there are luxury hotels, tourist hotels, eco-friendly greenstel (green hostel) and guesthouses, with over 3,500 rooms available in prices to suit any budget, with superb service. Visitors will be captivated by the charm of Daegu, a city where tradition and modernity cohabit in perfect harmony, while they enjoy a relaxing stay. For more information on accommodations and reservations, please visit the event website (www.daegu2017.or.kr).

💋 Transportation

Daegu is an important transportation hub boasting excellent access to other Korean cities by car, train (Dongdaegu Station), and plane (Daegu International Airport). It takes less than two hours from Daegu to Seoul by KTX (Korea Train Express).

Daegu has three subway lines that all run across the city. There are also safe city buses and taxis that can take you anywhere you would like to go to in Daegu. Free public transportation card(up to 18 times, for bus and subway) will be provided to every person who registered in.

In addition, Daegu City will provide athletes with free shuttlebus service which stops at major venues, accommodations and transportation gateways.

For more detailed information about transportation in Daegu, please refer to the event website (www.daegu2017.or.kr)

🌽 Useful Facts About Daegu, Republic of Korea

Currency : KOREAN WON

- Money Exchange : Is possible at most major international airports and banks. Most banks have automatic teller machines which allow withdrawal of KRW from 07:00 till 23:00. They accept most major credit cards. Major credit cards are accepted at most stores and restaurants.
- Restaurants : Most are open daily. Dinner hours are usually from 18:00 to 21:00 although many fast food restaurants have late or 24 hour service.
- Shops : General hours are 10:00 to 22:00 although many convenience stores are open 24 hours. Wholesale marts(E-mart, Homeplus and Lotte-mart, etc) open from 10:00 till 24:00.
- Tap Water : Is treated as clean and is safe directly from the tap.
- Electricity : The voltage standard in Korea is 220 Volts (and 60 Hertz, or cycles) and the outlet has two round holes which is the same type used in France, Germany, Greece, Turkey and many other countries. If you need a multi-voltage travel adapter, you can buy it at major duty-free shops, wholesale marts
- Time Zone : It is 9 hours ahead of Greenwich Mean Time and 13 hours ahead of New York.
- Language : The primary language is Korean.
- Weather : March is an optimum month in Daegu for outdoor activities and for Championships. It is also a good time to tour the city, enjoying the spring breeze and warm air. March weather in Daegu is comfortable and mild.
- Average temperature: 9.5°C(highest: 15.2°C, lowest: 4.4°C)
- Average humidity: 54.5%
- Average precipitation: 1.6mm
- Security : Daegu is a safe City to spend your leisure time and to travel.
- Phone : Korean country code is 82. Local area code is 053 for Calls outside the Daegu. Each area has different area code. Following are the area code.

Metropolitan Cities

053 02 032 042 044 051 052 062	Daegu	Seoul	Incheon	Daejeon	Sejong	Busan	Ulsan	Gwangju
	053	02	032	042	044	051	052	062

Provinces

Gyeonggi-do G 031	Gangwon-do 033	Chungcheong nam-do 041	Chungcheong buk-do 043	Gyeongsang buk-do 054	Gyeongsang nam–do 055	Jeollanam–do 061	Jeollabuk-do 063	jeju-dp 064
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Tourism in Daegu

International Call

- How to make an international call to Korea

When you make a phone call to Korea from abroad, first dial 82(country code for korea), then the area code(except for the first number 0). Finally, dial the phone number you wish to call For example : Calling Daegu City LOC(area code 053) with 790-4125 as the phone number, dial +82-53-790-4125

- How to make an international call from Korea

First, dial any of the following international call company numbers, and then the country code, area code and finally the number you are calling.

International Phone Call Carriers: 001, 002, 008, 00365, 00700 and more.

• Cell Phones : As soon as visitors arrive at Korea's major airports, including Incheon, Gimpo, Gimhae and Jeju international airports, you can proceed to 'roaming center' desks and get your mobile devices connected immediately with local network service provider after a simple registration. In addition to roaming services, prepaid SIM Card purchase, WiFi egg rentals and even smart phone or other mobile gears are available. It should be noted, in case of smart phone rentals, you will be required to make reservation for the smart phone rentals at least 3 days in advance of your arrival date. Reservation is available on the websites and more information about fees, location of roaming desks and other details are available on the websites listed below.

- KT Roaming Center
- Website: roaming.kt.com (Korean, English, Japanese, Chinese)
- SKTELECOM Roaming Center
- Website: www.sktroaming.com (Korean, English, Japanese, Chinese)
- LG U+ Roaming Center
- Website: www.uplus.co.kr (Korean, English)

• Prepaid SIM Card Purchase (Korea SIM card) : Travelers can purchase prepaid SIM cards from the convenience stores or from the website of the respective service providers. More often than not, this service is cheaper than roaming phones, therefore large number of business travelers prefer this communication service.

- KT Mmobile

Website: koreasim.kr (English, Chinese)

- EG SIM CARD

Website: www.egsimcard.co.kr (English, Japanese, Chinese)

- SIMCARDKOREA Website: www.simcardkorea.com (Korean, English)
- 1330 Korea Travel Hotline & Complaint Center : Is an one-stop helpline available as a public service for local and international travelers. In Korea, just dial 1330 (without area code) and from abroad please dial +82-2-1330.

🌈 Local Organizing Committee of WMACi Daegu 2017

Address: 42250 Athletics Promotion Center 3F, Misulgwan-ro 88 (Samdeok-dong),

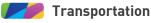
Suseong-gu, Daegu, Korea Telephone: +82-53-790-4125 / Fax: +82-53-790-4119 Website: www.daegu2017.or.kr E-mail: daegusports@gmail.com



Introduction to Daegu

Daegu, the third largest metropolitan area in South Korea, has a population of 2.5 million and is a beautiful green city designated as a Solar City by the International Energy Agency (IEA). The city has a long history, having existed during the Silla (57 BC-935 AD) and Gaya (42-562) eras, and boasts a wealth of cultural relics and a perfect harmony between tradition and modernity. As an international sports city, Daegu has successfully hosted the 2002 FIFA World Cup Korea-Japan, the 2003 Summer Universiade Daegu and the IAAF world Championships Daegu 2011. Come to Daegu, where you can enjoy the unique experiences and dynamism of an ecofriendly, cultural and sporting city.





Daegu is located in southeastern Korea. As a transportation hub with an extensive railway and road network connected to most cities and towns across South Korea, Daegu is readily accessible by bus, plane and train.

Incheon International Airport → Daegu

- 😔 Plane : 50min (twice a day)
- Express Train(KTX) : 3 hrs (7 times a day)
- 🐵 Limousine bus : 4 hrs 30min (19 times a day)

Seoul Station → Daegu

Express Train(KTX) : 1hr 50min (runs every 15 to 30min)

- Limousine bus : 1hr 20min (runs every 30min to 1hr)
- Busan Station \rightarrow Daegu
- Express Train(KTX) : 45min (runs every 15 to 30min)

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Major Tourist Attractions

Donghwasa Temple

Donghwasa is a Buddhist temple that boasts 1,500 years history. Built in the Silla period, Donghwasa is a major temple of Korean Buddhism and one of the top ten tourist spots in East Asia. It is a home of the world's largest Yaksayeoraebul statue, the medicine Buddha, created as a prayer for reunification of the Korean peninsula. Nearby is the International Tourist Attraction "Seon" Meditation Center, where visitors can learn about the history and principles of Korean Zen Buddhism.



The temple also offers a temple-stay program, if you need to soothe stressed-out soul and relax through meditation.

Yangnyeongsi Oriental medicine Market

Daegu Yangnyeongsi is one of the three remaining medicinal herb markets in the country that dates back to the Joseon period (1392-1910). Each alley in the market is filled with scent of medicinal herbs and is brimming with a huge variety of medicinal herbs. The Daegu Yangnyeongsi Museum of Oriental Medicine, nestled in an alley, provides an insight into the history of herb medicine in Korea. It also features programs designed for visitors to experience traditional Korean culture, such as tasting medicinal herb teas, herbal foot bath, medicinal herb wrapping and wearing hanbok, the Korean traditional costume.



Dongseongno (Downtown)

Dongseongno is the most popular and trendy street in Daegu. It is lined with department stores, shopping malls, clothing and sporting goods stores, along with large bookstores, movie theaters, concert hall, restaurants and

Seomun Market

The largest traditional market in Daegu, the Seomun Market was one of the three largest markets in Korea during the Joseon period. It consists of six sections specialized in fabric-related items, including textiles and ready-to-wear clothings. It is also a place where you can buy virtually everything you need, such as street foods, fruits, seafoods, shoes, craft supplies and everyday necessities. The night market, which opened in May 2016, will add vitality to the city.



Suseongmot Resort (Deurangil Restaurant Street)

The area surrounding Suseongmot Lake is landscaped with benches, trees and walking trails. It is also crowded with cafes and restaurants famous for tasty dishes and outstanding service. The beautiful music fountain in the center of Suseongmot Lake is the largest of its kind in Korea. Nearby Deurangil Food Town is a must for foodies, featuring restaurants specialized in cuisines from around the world, including Korean, Western and Japanese food.



City Tour Bus



City tour buses, the smartest way to tour around Daegu, take visitors to major tourist spots in Daegu along a choice of five different routes. The double-deck tour bus offers a spacious upper deck for sightseeing. The tour that incorporates with Subway Line 3—opened in 2015 also known as "Sky Rail"—is another useful way to enjoy the sights of Daegu.

Daegu Alleyway Tour

Daegu alleyway tour is a walk tour which shows the alive history of Daegu through walking by the alleyways. The tour includes 5 different courses which shows live modern cultural heritage. The damage during the Korean war was comparatively less than other places. Therefore, conditions before and after the war are well preserved in each alleyway. Especially, at Kim Gwangseok-gil (street) which is a mural street built by numerous artists to commemorate the memory of deceased Kim Gwangseok, people can enjoy music and mural of him while walking by the street.

Daegu Tour Website

Visit the Daegu tour website (tour. daegugokr) to plan your visit and for more detailed information about major tourist spots in Daegu.

